


Beyond High School

Understanding, Obtaining and Maintaining Adult Services

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AZ ASSIST
AUTISM
SPECTRUM
SUPPORT,
INFORMATION &
STRATEGIES FOR
TRANSITION

Understanding Adult Services



Social Security



AZ.GOV
Arizona's Official Web Site

Vocational Rehabilitation



MAGELLAN
HEALTH SERVICES
Getting Better All the Time



AREA AGENCY ON AGING
REGION ONE, INCORPORATED



Social Security

www.ssa.gov

Understanding & Obtaining

**What is Supplemental Security
Income? (SSI)**

The SSI program pays benefits to disabled adults and children who have limited income and resources.

**What is Supplemental Security
Disability Income? (SSDI)**

SSDI benefits are paid to insured workers who qualify under Social Security's definition of disability.

Benefits may be payable to *children (disabled before age 22) of disabled, retired or deceased workers.*

Adults Disabled Before Age 22

May be eligible for child's benefits **if** a parent is *deceased or starts receiving retirement or disability benefits.*

This is considered a "child's" benefit because it is paid on a parent's Social Security earnings record.

The "adult child"—including an adopted child, or, in some cases, a stepchild, grandchild, or step grandchild—must be:

- unmarried
- age 18 or older
- and have a disability that started before the age of 22.

Example:
You (the parent) start collecting Social Security retirement benefits at age 62. You have a 38-year old who has been disabled since birth. Your child may be able to collect a disabled "child's" benefit on your Social Security record.

How does Social Security decide if I am disabled?

Social Security has a very strict definition of disability.

- You must be unable to do any substantial work because of your physical or mental impairment(s), AND
- Your condition(s) must have lasted, or be expected to last, at least 1 year, or be expected to result in your death.

My doctor says I am disabled. Is that enough to qualify me for disability benefits?

No. You cannot get disability benefits solely because your doctor says you are disabled.

Paperwork AND an Interview are required.

You can cut your interview time in half by starting the process online. You can complete BOTH the application for benefits and the disability report at:
www.socialsecurity.gov/applyfordisability

SSI & SSDI - 2 Different Programs!

**Supplemental
Security Income (SSI)**

- Based on financial need
- Resources limit of \$2,000
- Medicaid (AHCCCS)
- Maximum benefit for an individual in 2013 is \$710

**Social Security
Disability Insurance (SSDI)**

- Based on an individual's work history & amount paid into the system.
- Medicare (after 2 yrs)

Payments for SSI and SSDI vary depending on each individual's circumstances.

Lots of rules!

Spend time on www.ssa.gov

Disability Benefits 101
<http://az.db101.org/>

Myth: You cannot work if you receive SSI or SSDI benefits.

When denied, appeal!

Maintaining

- Keep all paperwork organized.
- Report changes as required.
- Complete annual report.
- Participate in Continuing Disability Review (CDR). (3-5 years)
- Participate in Redetermination (income, resources, living arrangements every 1-6 years)



MAGELLAN
HEALTH SERVICES®
Getting Better All the Time™

www.magellanofaz.com

Understanding & Obtaining

Mental illness can strike anyone of any age, race, ethnicity or gender.

Who is eligible to receive behavioral health services?

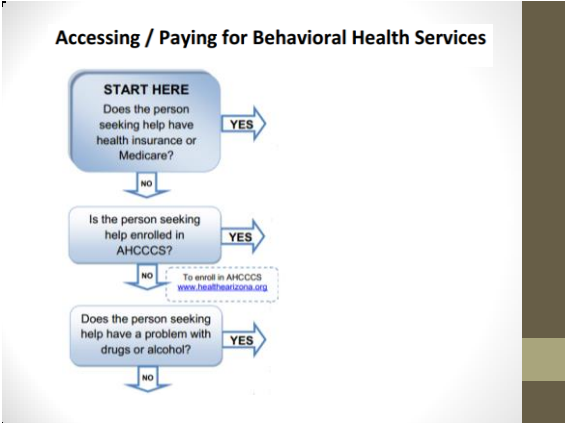
- Persons AHCCCS eligible thru either Title XIX (Medicaid) or Title XXI (KidsCare);
- Persons determined to have a Serious Mental Illness; and

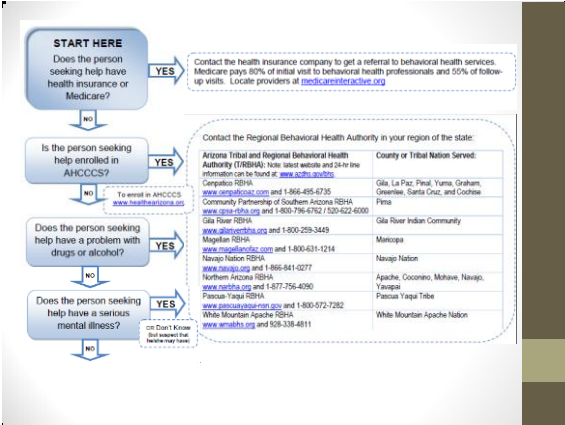
- Special populations who are eligible to receive services funded through federal block grants.

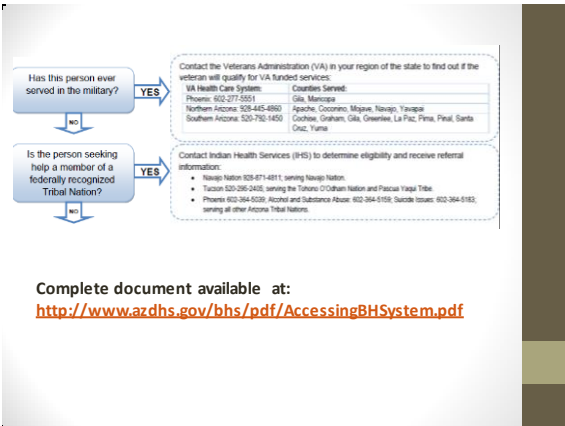
Title XIX (Medicaid; also called AHCCCS) is health insurance for low-income persons, children, and families. It pays for medical, dental (for children up to 21 years of age), and behavioral health services.

For mental, behavioral health or substance abuse services, contact

**Magellan of Arizona at
(800) 564-5465 or
www.magellanofaz.com**







Complete document available at:
<http://www.azdhs.gov/bhs/pdf/AccessingBHSsystem.pdf>

Individuals with Serious Mental Illness (SMI) receive the most services through Magellan’s providers.

When applying for services, it is important to know how Magellan determines qualification.

- 1. Qualifying Diagnosis*
- 2. Functional Impairment as a result of the qualifying diagnosis

1. Qualifying Diagnosis

Last Revision Date: 09/09/2004
Serious Mental Illness (SMI)

Psychotic Disorders: (295.10, 295.20, 295.30, 295.60, 295.70, 297.1, 295.90, 298.9)

Bipolar Disorders: (296.00, 296.01, 296.02, 296.03, 296.04, 296.05, 296.06, 296.40, 296.41, 296.42, 296.43, 296.44, 296.45, 296.46, 296.50, 296.51, 296.52, 296.53, 296.54, 296.55, 296.56, 296.60, 296.61, 296.62, 296.63, 296.64, 296.65, 296.66, 296.7, 296.80, 296.89)

Obsessive-compulsive Disorder: (300.3)

Major Depression: (296.20, 296.21, 296.22, 296.23, 296.24, 296.25, 296.26, 296.30, 296.31, 296.32, 296.33, 296.34, 296.35, 296.36)

Other Mood Disorders: (296.90, 301.13, 311, 300.4)

Anxiety Disorders: (300.00, 300.01, 300.02, 300.14, 300.21, 300.22, 309.81)

Personality Disorders: (301.0, 301.20, 301.22, 301.4, 301.50, 301

2. Functional Impairment as a result of the qualifying diagnosis

Inability to live in an independent or family setting w/o supervision
(Self Care/Basic Needs)

The person's capacity to live independently or in a family setting, including the capacity to provide or arrange for needs such as food, clothing, shelter and medical care.

A risk of serious harm to self or others
(Social/Legal and/or Feeling/Affect/Mood)

The extent and ease with which the person is able to maintain conduct within the limits prescribed by law, rules and social expectations, and/or the extent to which the person's emotional life is well modulated or out of control.

Dysfunction in Role Performance

Person's capacity to perform the present major role function in society, school, work, parenting or other developmentally appropriate responsibility.

Risk of Deterioration

The individual does not currently meet any one of the above functional criteria but may be expected to deteriorate to such a level without treatment.

When denied, appeal!

Maintaining

- Keep appointments.
- Review your Service Plan.



www.azdes.gov/rsa
Vocational Rehabilitation
Understanding & Obtaining

The Vocational Rehabilitation (VR) Program provides a variety of services to individuals with disabilities, with the ultimate goal to prepare for, enter into, or retain employment.

The VR program is a public program funded through a Federal/State partnership and administered by the Rehabilitation Services Administration (RSA), which is part of the Arizona Department of Economic Security (DES).

WHO IS ELIGIBLE FOR VR SERVICES?

Individuals who:

- Have a documented disability
- Have a disability which presents a barrier to employment

- Have the potential and desire to work
- Need services in order to work

**WHAT ARE THE VR SERVICES AN
ELIGIBLE INDIVIDUAL MAY
RECEIVE?**

- Assessment for eligibility and VR needs
- Vocational guidance and counseling
- Training
- Work site evaluations
- Job development

- Job placement services
- Rehabilitation technology services and devices
- Other support services

Based on the individual’s available resources, the Rehabilitation Services Administration may require an eligible individual to pay for some services.

**HOW CAN AN INDIVIDUAL
APPLY FOR VR SERVICES?**

Visit www.azdes.gov/RSA/ or
call toll-free 1-800-563-1221

Individuals are encouraged to call or visit the office nearest them to set up an appointment to attend regularly scheduled orientation sessions.

Self Referral
https://www.azdes.gov/InternetFiles/InternetProgrammaticForms/doc/self_referral.doc

Referral by Agency
Examples: High Schools, DDD,
Regional Behavioral Health
Authorities (RBHAs)

Maintaining

Keep appointments
Actively participate
Complete tasks

Get a job!



Understanding & Obtaining

Lifespan Respite Program
provides respite services for
caregivers caring for people
across the lifespan. Caregivers
must be caring for an adult over
60 or any person *under 60 with
a disability* or other special
needs.

To make a referral for Respite
Care or to receive additional
information about the program,
call the **24-hour Senior HELP
LINE** at

(602) 264-HELP (4357)

Maintaining

Complete and submit paperwork monthly.

Learning to Navigate

- Use a speaker phone and invite your young adult to listen – even if only for a short time
- Write a script for them to use – start small (My name is ____ and I’d like information about ____.)

- Encourage them to locate a phone number or web address
- Prepare a binder for each agency or program and introduce your young adult to the system of organization




- Explain what services each program provides.
- Help your young adult identify mail from government programs



- Create a computer filing system similar to the binders
- Invite your young adult to scan paperwork and save into corresponding folders on the computer

Navigating the murky waters of adult services can be overwhelming.

- If possible, tackle one system at a time.
- Keep track of conversations and paperwork.
- Read everything.
- Ask questions.

Handout for this session available on the Transition
Conference website.

Resources and Services for Adults with Disabilities in Maricopa County		
 Social Security <small>The Official Website of the U.S. Social Security Administration</small>	http://www.ssa.gov/disability/ www.socialsecurity.gov/applyfordisability	The Social Security and Supplemental Security income disability programs are the largest of several Federal programs that provide assistance to people with disabilities. While these two programs are different in many ways, both are administered by the Social Security Administration and only individuals who have a disability and meet medical criteria may qualify for benefits under either program. Apply for online disability benefits.
 MAGELLAN HEALTH SERVICES <small>Keeping Adults "All in the Team"</small>	http://azdhs.gov/dhs/pdf/AccessingBHSsystem.pdf http://www.magellanofaz.com/	How to access Behavioral Health Services This Web site provides behavioral health service recipients and their families with information and regarding issues such as mental health support, substance abuse, depression and co-occurring disorders.
 AZ GOV Rehabilitation Services Administration Vocational Rehabilitation	https://www.azdhs.gov/rehabilitation_services/	Promoting the safety, well-being, and self-sufficiency of children, adults, and families by working with individuals with disabilities to achieve increased independence and/or gainful employment through the provision of comprehensive rehabilitative and employment support services.

 AZA AGENCY ON AGING Elder Care, Information	http://www.azaphx.org/INDEPENDENT+IVING http://www.azaphx.org/faq	Not just for the elderly. Disabled adults 18 and over can qualify for services.
 Benefits Check Up <small>A Service of the Arizona Department of Health Services</small>	https://www.azdhs.gov/main.aspx?menu=8&id=3318	Benefits CheckUp is the nation's most comprehensive web-based service to screen for benefits programs for people with limited income and resources who are 55 and older, or are an adult of any age and disabled.
 AZLINKS.gov <small>Apply online here</small>	https://www.azdhs.gov/main.aspx?menu=8&id=584 https://www.azdhs.gov/main.aspx?menu=8&id=1824	Designed to quickly and accurately identify options to meet your needs. This page provides links to various programs and resources dedicated to the Developmental Disabilities community.
Arizona Bridge to Independent Living	http://www.abil.org/about-abil	ABL offers and promotes programs designed to empower people with disabilities to take personal responsibility so they may achieve or continue independent lifestyles within the community.
 Achieve Your Path to Success	http://magellan.learn.com/az	The mission of the Magellan Learning and Performance team is to provide a dynamic learning experience where every individual with a desire to grow can achieve success.
 Health and Wellness for all Arizonans Arizona Department of Health Services	http://azdhs.gov http://azdhs.gov/dhs/index.htm http://azdhs.gov/dhs/web/eshchc/ http://www.azdhsmedia.com/eiz/hw/hnavigating/	Division of Behavioral Health Services Office of Children With Special Health Care Needs Navigating the Systems is an online resource for families, professionals, agencies and organizations to assist them in navigating the Arizona systems of care.

 AUTISM SOCIETY <small>Empowering the lives of all affected by Autism Greater Phoenix</small>	http://www.gphautism.org/resources/adult_services/	The Autism Society of Greater Phoenix provides information, resources, and support to families affected by autism and helps families who have just received the autism diagnosis by providing information on effective treatments.
 Disability Benefits 101 <small>Working with a disability in Arizona</small>	http://www.azdb101.org/	Disability Benefits 101 gives you tools and information on health coverage, benefits, and employment. You can plan ahead and learn how work and benefits go together.
 Arizona Department of Education	http://www.azed.gov/esd/	An Empowerment Scholarship Account (ESA) is a scholarship established to provide an education for qualified students, and must include at a minimum reading, grammar, mathematics, social studies and science. Applications are being accepted January 1- May 1, 2013 for the next school year.
 HEALTH-ARIZONA <small>Health Insurance Marketplace and Financial Assistance</small>	https://www.healtharizona.org	Use Health-Arizona to apply on-line for medical assistance, Nutrition Assistance (Food Stamps), and cash assistance. Individuals age 22 and older may qualify for Nutrition Assistance as a separate unit from their parents.
 AZ ASSIST <small>Autism Spectrum Support Network Empowering the lives of all affected by Autism Greater Phoenix</small>	www.azassist.com	AZ ASSIST is a supportive community where families with teens and young adults on the autism spectrum are empowered with the knowledge of public and private services and opportunities so that individuals can live as independently as they choose and access a variety of employment options, post-secondary education and social opportunities.

